

## Contact us

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### St Mary's Social Supermarket

St Mary's Church and Community Centre

Bramall Lane

Sheffield

S2 4QZ

Charity Reg. no. 1094204



## Social Supermarket

### St Mary's Social Supermarket

**St Mary's Social Supermarket is a place where people who are struggling to afford to feed themselves and their family can shop weekly for food.**

Members of the Social Supermarket can access activities, help and support to make positive life changes for an initial period of 12 weeks.



It costs £3 each time you do a shop, and you will get to choose from the items available often worth over £20\*

\*(depending on availability and what you choose).

## What does membership mean?

- ◆ You will be able to shop in the supermarket up to once a week. You will be able to choose your own food from each section of available items. Each time you shop it will cost only £3, and if it will help you to manage your money you can purchase vouchers for future use.
- ◆ We have a café for members with reduced price lunches and cakes available when the supermarket is open. Members can also join a breakfast club, community meal, and some other activities like gardening and keep fit.
- ◆ There are debt advisors on site and the option to take part in 1 to 1 coaching, money or stress management and confidence building workshops. You may be able to get involved with some volunteering or helping us to organise an event or project.
- ◆ Membership is initially for 12 weeks, after which time you will be invited to a review meeting to see how your situation has been improving.

## How do you join?

If you think St Mary's Social Supermarket can help you, you can ask your support worker or other organisation to refer you, or you can refer yourself. **You can contact us using the details on the back page of this leaflet and ask to be put on the waiting list.**

Once you get to the top of the waiting list (usually no longer than a few weeks), **someone from St Mary's will call you** and ask you a few questions about your situation, if we think you will be eligible to join **you will be invited to come in for your sign-up meeting and assessment.** We will tell you what you need to bring with you to your appointment.



At your meeting a decision is in most cases made straight away and a member of staff or volunteer will show you around the supermarket.